



How to Attract Birds to Your Landscape

By Gail Coffey (2/2023)

Top Actions:

1. Let part of your property go wild with goldenrod, asters, Black-eyed Susans, violets, clover, and wild grasses.
2. Leave leaf litter, logs, and brush piles for shelter and food.
3. Plant trees and shrubs that are caterpillar host plants-particularly oaks, cherries, birches, dogwoods and blueberries.
4. Plant fall and winter berry trees, vines or shrubs-flowering dogwood, southern arrowwood, Virginia creeper, pokeweed, sumac, bayberry, and winterberry.
5. Provide black oil sunflower seeds, suet, mealworms and thistle seeds when birds need to supplement their diet with fat and protein in winter and early spring.
6. Provide water -year-round-bird baths, drips, or create a small pool.
7. Thick cover -dense shrubs, tree saplings like white pine, or tangles of vines like wild grape and Virginia creeper.
8. Leave a few dead trees-particularly pines and birches which will offer insects and tree cavities for shelter and breeding.
9. Think insects and seeds-oaks, birches, pines, aspens and apple trees.
10. Grow native perennials that host caterpillars like Joe-Pye-Weed, Purple Coneflower, Lupine, Native Sunflowers.
11. Keep your cat indoors.
12. Avoid use of pesticides and herbicides-particularly mosquito sprayers.

Native Plant Sources and Nurseries

National Wildlife Federation-Native Plant Finder by zip code:

<https://www.nwf.org/nativeplantfinder/>

URI-Recommended Plantings for Migratory Songbird Habitat Management,

<https://web.uri.edu/ceoc/files/Migratory-Bird-Fact-Sheet.pdf>

UNH Extension-Native Trees, Shrubs and Vines with Wildlife Value

<https://extension.unh.edu/resource/new-hampshire%E2%80%99s-native-trees-shrubs-and-vines-wildlife-value-chart>

Native Plant Trust: <https://www.nativeplanttrust.org/for-your-garden/buy-native-plants/>- Framingham, Mass

NH State Nursery-order online:<https://buynhseedlings.com>

Feeders and USA Made Seeds/ Suet / Dried Worms:

Feeders- Duncraft, Agway, Blue Seal or purchase online

Seed Made in USA-Cole's Wild Bird Seed, Wagner's Sunflower, Meadow Ridge Farms Sunflower

Dried Meal Worms – <https://MealwormsbythePound.com>

Suet: Wildlife Sciences-Suet Plus-sold at Blue Seal and Agway-but can be ordered bulk through them: <https://wildlifesciences.net/suet-plus-3/>

Responsibly Sourced seed :Forthebirds.com

Cat and Pesticide Impacts on Birds:

<https://abcbirds.org/threat/cats-and-other-invasives>

<https://abcbirds.org/threat/pesticides>

