



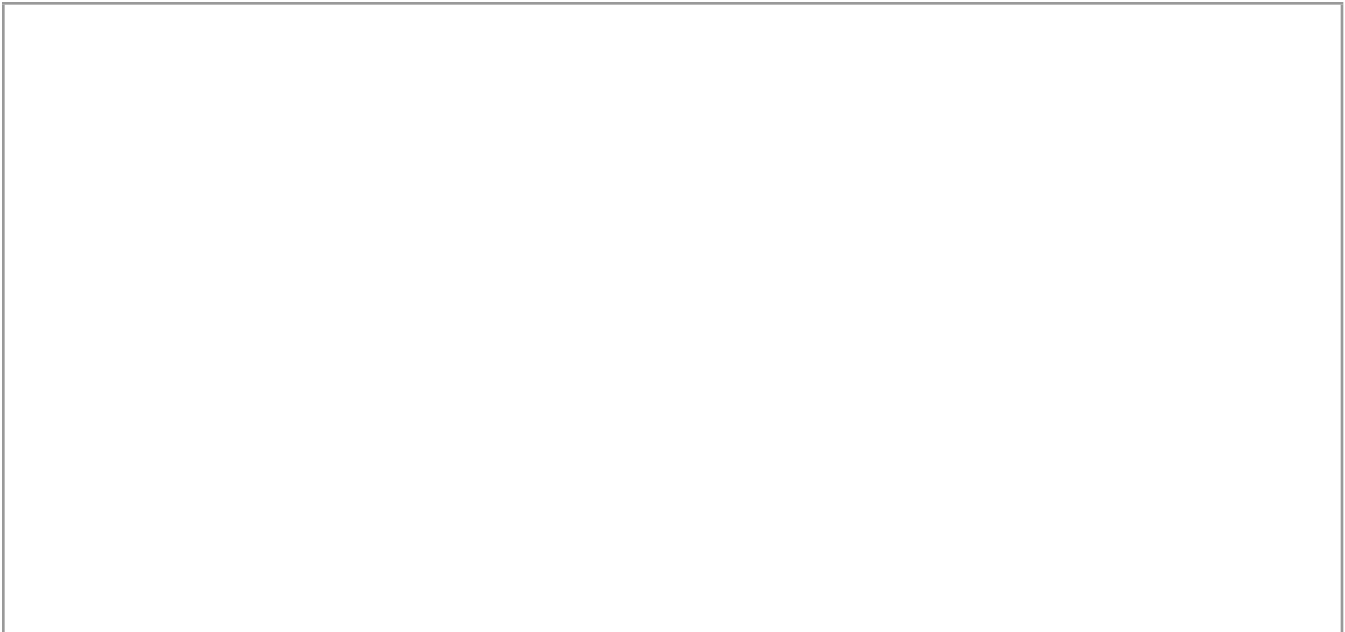
## Lesson 1: Head Outside, Check in with Your Space

Write or sketch based on these prompts:

First from your perspective: What do you do in your outdoor space? What do you like about your space? What do you want to change?



Now it's time to tune into any bird activity: Do you have birds that visit your space? If so, where do they focus their attention? What do they do while they visit?



## Lesson 2: What You're Offering Birds

Now that you've learned about what birds are looking for in naturoscapes, take a look around and write down what you might already be offering. Because there's always more to learn, use the final column to jot down the things that you want to look up later.

What Birds Need	What You Have	What You Want to Find Out
Seeds and Nuts		
Berries and Fruit		
Nectar, Flowers, and Sap		
Insects and Spiders		

What Birds Need	What You Have	What You Want to Find Out
Other Tasty Invertebrates		
Water		
Shelter and Nesting Sites		



## Lesson 3: How You're Already Gardening for Birds

Here's a chance to go beyond the individual elements that birds need to think about how your gardening practices support birds. Because there's always more to learn, the final column is a place to jot down the things that you want to look up later.

Keys to Gardening for Birds	What You Have	What You Want to Find Out
<b>Include Native Plants:</b> <ul style="list-style-type: none"><li>• Are there native plants in your yard?</li><li>• Have you removed invasives?</li></ul>		
<b>Invite Biodiversity:</b> <ul style="list-style-type: none"><li>• Do you have a variety of plant species?</li><li>• Do you have monocultures, like lawn, at a minimum?</li></ul>		
<b>Create Vertical Diversity:</b> <ul style="list-style-type: none"><li>• Do you have plants in each of these categories: groundcover, tall grasses and flowering plants, shrubs, and trees?</li></ul>		

Keys to Gardening for Birds	What You Have	What You Want to Find Out
<p><b>Embrace Some Messiness:</b></p> <ul style="list-style-type: none"> <li>• Do you leave dead flower heads in place?</li> <li>• Do you have a brush pile?</li> <li>• Do you leave your leaf litter in your yard?</li> </ul>		
<p><b>Year-Round Abundance:</b></p> <ul style="list-style-type: none"> <li>• Do you offer resources in spring, summer, fall and winter?</li> </ul>		
<p><b>Freedom from Dangers:</b></p> <ul style="list-style-type: none"> <li>• Are your bird feeders at a safe distance from windows?</li> <li>• Do you regularly clean your bird feeder and/or birdbath?</li> <li>• Do you have patterns on windows to keep birds from hitting them?</li> <li>• Do you keep your cat indoors?</li> </ul>		



## Lesson 4: Map Your Space

Now it's time to think about where and how you might give birds more of what they need. Look up your place's ecoregion and hardiness zone to figure out what plants are native to your place that can best provide birds valuable resources.

**Ecoregion:**

**Hardiness Zone:**

**Soil Type:**

*(Do a "squeeze test" of your soil to investigate if it has a lot of clay, loam, or sand.)*

Create a map of the growing conditions of your space. This will help you decide where to put your new bird-friendly elements. Note where it's very wet, or dry, or gets a lot of sun, or is mostly shady. Now choose an area that you want to get started on transforming with birds in mind.

## Lesson 5: Planning Your Naturescape

Let's use the map you created to make a 'wish list' of things that you'd like to try in your outdoor space. You don't need to fill in every single element, or even the specific plants yet! This is a way to help you set your goals. You could even bring it to the local nursery as a way to help you chat with the expert.

What Birds Need	What To Add	What You Want to Find Out
Seeds and Nuts		
Berries and Fruit		
Nectar, Flowers, and Sap		
Insects and Spiders		



What Birds Need	What To Add	What You Want to Find Out
Other Tasty Invertebrates		
Water		
Shelter and Nesting Sites		



Garden Keys	What to Add	What You Want to Find Out
<p style="text-align: center;"><b>Include Native Plants</b></p>		
<p style="text-align: center;"><b>Invite Biodiversity</b></p>		
<p style="text-align: center;"><b>Create Vertical Diversity</b></p>		
<p style="text-align: center;"><b>Messy is Beautiful</b></p>		



Garden Keys	What to Add	What You Want to Find Out
Year-Round Abundance		
Freedom from Dangers		



## Lesson 6: Your New Visiting Birds

It can be so rewarding to see birds making use of your new space. Here is a small journal for you to keep track of your new bird visitors as you create your naturescape. You might not see many changes right away, but over time your naturescape can become a thriving oasis for birds who live in your area or are just passing through.

Date	Bird Seen	What They Used

Date	Bird Seen	What They Used

